

# Access online help that is smart with heart



Our website and mobile app provide another layer of Health Advocate support you can access anytime, anywhere.

Through our website and mobile app, you can:



**Learn about your Health Advocate services** and the many ways we can help



**View important news alerts** and timely tips to improve your well-being



**Use our Symptom Checker** for information about a variety of conditions to help you decide when you should call the doctor and what you can do at home



**Quickly connect with an advocate** through chat, web message or email



**Open a case for an advocate to assist you**, check the status of your cases and message the advocate working on your issue



**Access a Medical Visit Checklist** so you know what questions to ask your doctor at your next appointment

## Each quarter, we're giving away gift cards to three lucky members!

Winners can choose either an Amazon, Apple, or Google Play \$250 gift card.

Enter the raffle online or through our mobile app for a chance to win.



### Get started today!

Log in or register with the steps below:

1. Visit the website or download the mobile app
2. Click "Register Now"
3. Enter the required information, confirm your registration, and then log in



Call • Email • Message • Live Chat



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